



Meeting Room Catering Menu



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Toronto's Waterfront
Workspaces and Meeting Rooms

BREAKFAST | COLD LUNCH | HOT LUNCH | SIDE SELECTIONS | SNACKS | BEVERAGES

Rostie Prix Fix Menu

\$45 Per Person



Breakfast

Continental Breakfast including a variety of freshly baked bagels with spreads and preserves, selection of sweet and savoury pastries, assorted yogurts, and a seasonal fruits tray, served with Tea, Coffee and Fruit Juice.



AM Break

Tea and Coffee Service



Light Lunch Combo

Selection of Gourmet Sandwiches or Wraps
Choice of 1 Salad
Assorted Desserts
Tea, Coffee and Sodas



PM Break

Tea and Coffee served with a light snack.



Breakfast Selections

Continental Breakfast

\$20 Per Person

Variety of Bagels, Croissants, and Scones

Spreads and Preserves

Assortment of Sweet Pastries

Individual Assorted Yogurts

Seasonal Fresh Fruit Selection

Gluten Free upgrade \$2 per person





Breakfast Buffet

\$24 Per Person

Fluffy Scrambled Eggs

Home Fries

Bacon **OR** Sausage

Baked Beans

Fresh Bagel Basket

To add an extra protein, \$3 extra

Gluten Free upgrade \$2 per person



Lunch Selections

Rostie Sandwich Platter

\$12 Per Person

Selection of Gourmet Sandwiches or Wraps



Light Lunch Combo

\$23 Per Person

Selection of Gourmet Sandwiches or Wraps
Choice of 1 Salad
Assorted Desserts



Executive Sandwich Lunch

\$28 Per Person

Selection of Gourmet Sandwiches or Wraps
Choice of 1 Salad
Choice of Side
Assorted Desserts



Gluten Free upgrade \$2 per person



Hot Lunch Combo

\$35 Per Person

Choose:

1 Serving of Protein OR Pasta

1 Serving of Salad

All combos served with fresh baked bread and an assortment of pastries, squares and cookies.

Protein Options

Greek Chicken with Potato Wedges

Peppercorn Beef with a roasted medley of Vegetables

Maple Glazed Salmon with Wild & Brown Rice

Pasta Options

Baked Lasagna (Meat or Veggie)

Baked Cannelloni (Meat)

Baked Manicotti (Veggie)

Salad Options

Greek

Caesar

Spinach & Roasted Vegetables

Replace Light Lunch Combo with Hot Lunch Combo in Prix Fix Menu for \$25.00 (per person).



A La Carte Menu

Salad Options

Garden Salad
Cesar Salad
Greek Salad
Pasta Salad
Potato Salad
Couscous Salad



Side Options

Fresh Vegetable Tray with dip
Seasonal Fresh Fruit Tray
Local Cheese Board
Hummus and Pita Platter



Snack Options

Fresh Baked Cookies \$3.50
Cheese, Fruit & Crackers \$9
Mini Squares & Cakes \$6
Local Fruit Selection \$6
Ice Cream Bars \$3.50



Beverages

Soda \$1.75
Juice \$1.75





REUNION ISLAND

COFFEE ROASTERS

At the Rostie Group, we are proud to brew coffee from local roaster Reunion Island Coffee. Located in downtown Toronto, Reunion Island Coffee is Canada's largest coffee roaster powered 100% by green energy, and is committed to sustainability- for example, they are certified by B Lab as an industry leader in social and environmental performance. Their coffee beans are sourced responsibly, and are certified Fair Trade, Organic, Rainforest Alliance, or are Direct Trade beans.

Each month, we highlight a different blend, which we serve in our meetings at our reception area. Make sure to order your coffee urn for your meeting and try some of Toronto's best coffee.

Coffee of the Month or Tea

\$2.50/pp

\$11.50 /6 cup urn

\$19.50/12 cup urn

